



Shrublands Trust Food Bank

Items needed for September 22

Please make sure donations have a shelf life of at least six months

Donated goods can be brought to the shop on: Mondays 09:00 – 12:00 or Thursdays 12:00 – 15:00

Or popped into the collection box at the Shirley CO- OP: Wickham Road

Or Sainsbury's Central in the Whitgift Centre

Thank you!

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| <ul style="list-style-type: none">● Baked beans● Cakes● Custard● Fish paste● Flour● Fruit in juice/dried● Herbs● Marmite● Milk, whole● Pasta● Pasta sauces● Peanut butter | <ul style="list-style-type: none">● Salt● Soup, tin/packet● Spices● Sponge pudding● Stock cubes● Sugar● tea● Treats● Deodorant● Shampoo● Shower gel● Soap |
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